

**SANTA BARBARA CHANNEL SWIMMING ASSOCIATION
(SBCSA)**

Swim Log

Swimmer's Name:.....

Date/year	Pool or ocean	Duration of swim	# laps
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.....
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.....
.....
.....
.....
.....

The above log is accurate and reflects my swims to date.

Date Participant signature

Date Coach or witness' signature.....

Mail to :

Scott Zornig - SBCSA
23191 Via Celeste
Coto de Caza, CA 92679
USA
